

# CSMTA ON Chapter Member Highlight

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This month's member highlight is:  
17 Years With The CSMTA & 15 Years As An RMT  
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## **Question One:**

### **What made you chose to become a Sports Massage Therapist?**

When I was first taking my courses to become a RMT, we had reps from the CSMTA come to our college at the time to do a presentation. I was so impressed with the potential of working with athletes in the future, that I signed up that day and have been a member ever since!

## **Question Two:**

### **What is your best athlete story?**

I'd have to say when I was treating para- athletes at the Olympic Village in Whistler. I had the opportunity to treat an athlete from Norway. I remember the gratitude and kindness of this athlete, for myself to volunteer my time to be there so that they could perform their best. I was honoured and blessed to have made a difference because I could.

## **Question Three:**

### **What is the next competition you would like to be the therapist for?**

I have been selected for the World Masters Track & Field Championships, in Malaga, Spain this fall! I am very excited to be the medical support staff for the Canadian Team. My hopes and goal is to always be selected for an Olympic or Major games.

## **Question Four:**

### **If you could pick a favourite sport to work with, what would it be?**

I can't say that I have a favourite sport, what I do like is the chance to learn about the sport, deal with all the athletes issues related to that sport and apply my knowledge to help the athlete to best of my abilities. Each sport has its own pros and cons and we are fortunate to be able to participate at local, provincial and international levels.

## **Question Five:**

### **What is your next goal as a Sports Massage Therapist?**

My next goal as a Sport Massage Therapist is to continue to build my current tool box and search out courses or information sessions to enhance the current skills I have already.

