

CSMTA ON Chapter E-Newsletter

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This months member highlight is:
Deme Barlas, RMT, SMT(cc)

Question One:

What helps you stay motivated to continuously work with athletes?

Having an impact on the athletes outcome during their development and journey keeps me motivated. I love having such a positive influence on them.

Question Two

With the knowledge you have now, what would you redo in your career?

If I knew what I know now, I would have got in the field a lot earlier!

Question Three

If you could relive an event you worked as a therapist which would it be?

I love working the major games! With this experience there was so much learning from all the different types of athletes at the games.

Question Four

What has been your favourite part of being a Sports Massage Therapist?

I love the opportunities and growth potential it provides therapist to assist in their learning.

Question Five

What is your favourite course attended with the CSMTA?

The advanced sports massage course and the gathering of the minds have been my favourite! I feel it's a staple for any therapist even just for general knowledge.

Question Six

What is your next big athletic event you will be working at?

I am crossing my fingers to get involved with Pan-Am this year if I am chosen! This would be a highlight for me in my SMT career!

Question Seven

What motivates you to keep looking for new opportunities to be the best Sports Massage Therapist?

I feel becoming the best for myself and the people I treat, motivates me to give successful and affective results. Being a SMT allows me to work with all types of people and athletes, to allow a broader perspective and growth within myself.

